

### ABSTRACT OF DISCLOSURE

A cancer preventive agent and food are disclosed, which contain *Tricholoma matsutake*, in particular *Tricholoma matsutake* 5 of the FERM BP-7304 strain, and any of mycelia, broths, or fruit bodies (including spores) thereof, as they are, dried products thereof, or extracts thereof (e.g., a hot water extract or an alkaline solution extract). Methods of preventing a cancer by the use of the cancer preventive agent and food are also disclosed.